



PRACTICE & OFFICIAL L2L WALKS: 2022 - 2023

WALK	DATE	DAY	ROUTE	Low Tide Times:	Themes
1	25 SEPTEMBER '22	Sunday	Fernkloof (8/15/22km) Hop-on/Hop-off	N/A	<i>Spring</i>
2	23 OCTOBER'22	Sunday	Betty's Bay (22km)	08:28	<i>Breast Cancer</i>
3	20 NOVEMBER'22	Sunday	Hemel and Aarde/Bosman's (20km)	N/A	<i>MOVember</i>
4	11 DECEMBER'22	Sunday	Kleinmond (22km)	10:39	<i>Xmas</i>
5	22 JANUARY'23	Sunday	Grotto / Sopie's Klip (6km 12km 20km)	09:47	<i>N/A</i>
6	12 FEBRUARY'23	Sunday	Fernkloof (22km) [Coastal-Mountain] {3 Days: Back2Back}	N/A	<i>Valentine</i>
FIRST OFFICIAL L2L WALK			09-12 March 2023 (Sa. LT@11:24, HT@17:32)		
7	19 MARCH '23	Sunday	Betty's Bay (22km) {3 Days: Back2Back}	07:57	<i>N/A</i>
SECOND OFFICIAL L2L WALK			20 - 23 April 2023 (Sa. LT@10:33 & HT@16:45)		

School Holiday 2023: 24 March - 12 April
Easter Weekend: 7 -11 April 2023

06.07.2022