

## PROGRAMME - OFFICIAL L2L WALK 2021

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| <b>Wednesday, 12 May 2021</b> | <b>Registration and Collection</b> |
| <b>Thursday, 13 May 2021</b>  | <b>Day 1</b>                       |
| <b>Friday, 14 May 2021</b>    | <b>Day 2</b>                       |
| <b>Saturday, 15 May 2021</b>  | <b>Day 3</b>                       |
| <b>Sunday, 16 May 2021</b>    | <b>Day 4</b>                       |

### REGISTRATION AND COLLECTION

Date: Wednesday, 12 May 2021  
 Time: 12:00 - 16:00  
 Place: Ocean Basket, Main Road, Hermanus

#### PLEASE NOTE:

- You must collect your sponsored items bags, t-shirts, goody bags, etc. yourself.
- If you cannot collect your items, please arrange with a friend and inform your team leader.
- The committee will **not** take responsibility for your not collecting your things.
- Please ensure that your travel arrangements will be such that you can collect your things on Wednesday, 12 May 2021.
- There isn't time to collect anything on Thursday morning.
- Please ensure that you are in Hermanus on the Wednesday.

You will receive a tog bag, a taxi bag, a goody bag, the official 2021 L2L T-shirt and a few other sponsored items.



### **Tog bag:**

- If you are a first-time walker, you will receive a sponsored L2L Ladies tog bag. **You are only allowed to take this bag with clothing and toiletries on the bus.** These bags will be placed in the hold of the bus and there is limited space available.
- If you walked last year, 2020, you must use the tog bag you received then, and this is again the only bag allowed for clothing and toiletries.
- Please refer to the packing lists on the L2L Ladies app.
- You do not need a lot of clothes, or anything fancy - this is a very casual and comfortable weekend. However, you will need warm clothes as May is cooler in the Western Cape and we will spend a lot of time outside.

### **Taxi bag:**

- Everyone will receive a taxi bag.
- You are only allowed to put your sleeping bag, pillow and mattress cover in this bag. It has to fit in the overhead storage of the bus. Therefore, nothing else unless you want to travel with the bag on your lap.

### **Goody bag / Draw string bag:**

- Your drawstring bag should be used to carry your crockery and cutlery, dishcloth, etc. Every evening you will use your own crockery and cutlery in camp. You are not permitted to use the crockery and cutlery of the house in which you will be staying. (please refer to the packing lists available on the L2L Ladies App).

### **Official L2L Ladies' Walk 2021 T-shirt**

Your T-shirt is to be worn on the final day of the walk as we walk along Grotto beach to the final finish line.

Collect your other sponsored items from the sponsored tables. There are shops and restaurants in the particular area. Once you have collected all your L2L items and sponsored items, you are then free for the rest of the day.



## DAY 1: DEPART BY BUS FROM GATEWAY CENTRE

(Route: L'Agulhas Lighthouse to Brandfontein Farmstead: 16,479km)

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Date: Thursday, 13 May 2021  
Time: 06:00  
Place: The Beanery, Gateway Centre

### PLEASE NOTE:

- Toilets will be open from 06.00.
- Do not park and leave your car at Gateway - you will only be back in Hermanus on Sunday, 16 May. The end point is at Grotto Beach NOT Gateway Shopping Centre.
- Make the necessary arrangements for your car at the guesthouse or a friend's house or alternate safe parking area.

On arrival at The Beanery, Gateway Centre, please go to the tables to receive your emergency card and have your name ticked off.

- Take your tog bag, Taxi bag and camping chair to the specific bus you are allocated to.
- The Committee has carefully allocated everyone to a bus. This cannot be changed. You won't necessarily travel in the same bus as your friend. You will be travelling on the same bus every day. Use this opportunity to get to know the fellow walkers. You will be spending a lot of time with your friends.
- At The Beanery you will receive a cup of coffee, go to the toilet and meet and greet others.
- At 07.00 our patron, Deputy Mayor Elnora Gillion, will welcome everyone and wish us well on the 4-day walk.
- Get into your allocated bus **WITH your backpack, which must be ready for the day (refer to the packing lists)**. Please ensure that you have enough water and food for the day. It might rain, so please bring a rain jacket or poncho.
- The buses leave at 07:15. It takes approximately 2 hours to get to Agulhas.



**On arrival at Agulhas Lighthouse:** get off the buses, receive your inspirational card for the day and gather on the lawn in front of the lighthouse. You will not have any access to your luggage.

The program is as follows:

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| 9:00  | Arrival of walkers at Agulhas Lighthouse   |
| 9:15  | Official Photos in front of the lighthouse   |
| 9:20  | Executive Mayor Sakkie Franken/Cllr Paul Swart - Welcome walkers to Agulhas  |
| 9:30  | Derick Strydom - A bit of History of the lighthouse and area   |
| 9:40  | Les Clark - Blessing   |
| 9:45  | Elain Bayer (Lead Walker) - rules during the walk<br>Ronelle van Zyl - Roll Call   |
| 10:00 | <p><b>Start the walk: L'Agulhas Lighthouse to Brandfontein Farmstead (16,479km)</b></p> <ul style="list-style-type: none"> <li>We usually walk for approximately 1½ hours before we have a comfort break.</li> <li>Elaine Bayer will be the leader for the 4 days. No-one is allowed to pass the leader or fall behind the sweeper.</li> </ul> |



## ACCOMMODATION

Carien will try to accommodate everyone's requests. She will send around the lists and maps of Die Dam, on the buses.

Please take note that accommodation is in separate houses which may have some single beds and double beds.

- Covid-19 regulations must be adhered to and we will make every effort to implement these.
- Masks must be worn during the bus trips and in camp when queuing for you food/coffee, etc.
- Houses will be cleaned and sanitized before you arrive in camp on Thursday.

**When you arrive in camp collect your luggage from the bus. Residents from Die Dam will be available to take you to your allocated house.**

- Coffee and something sweet will be available for free at the coffee station at the Tuckshop.
- The Tuckshop will be open where you can buy refreshments. All money will go to the beneficiary, Hermanus Child and Family Services.
- We encourage everyone to use the opportunity to get to know other walkers and socialising under the tent.

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| 18:00 | Announcements of the following day's program  |
| 18:30 | <p>Supper will be served: as result of the COVID-19 regulations, meals will be pre-packed, as self-service is not allowed.</p> <ul style="list-style-type: none"> <li>• Lasagne with trio of salads, panini and something sweet; or</li> <li>• Vegetable lasagne will be available for the vegetarians, if this was indicated on the registration forms.</li> <li>• No other special dietary requirements are available. You are welcome to bring some of your own foodstuff with and keep it in the fridge of your house.</li> </ul> |



## DAY 2: BRANDFONTEIN FARMSTEAD TO DIE DAM: 18,262 KM

Date: Friday, 14 May 2021

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| 06:00 | Breakfast will be served with coffee and rusks. Breakfast will be fruit, yogurts, juice, cereals, Oats so Easy, bread, rolls, etc.<br>At the breakfast tables will be pre-packed lunches, e.g. sandwiches, fruit bars, wraps, boiled eggs, etc. which you will take with on the route. |
| 07:30 | Roll Call and thought for the day.<br>Rules for the Walk by Elaine   |
| 08:00 | The buses departs from Die Dam   |
| 09:00 | Start walking:<br>After the lunch break, you can walk/run to Die Dam and can spend the afternoon as you wish.<br>On arrival at Die Dam, coffee/tea and something sweet will be available at the coffee station and Tuckshop.   |
| 17:30 | Gather under the tent for socializing, enjoying refreshments, introduction of special guests.<br><b>Inspirational talk by Frieda Lloyd</b> - Tourism Manager, Cape Whale Coast.  |
| 18:30 | Announcements for the next day's walk  |
| 19:00 | Supper will be served, individually pre-packaged: <ul style="list-style-type: none"> <li>• Butter chicken Curry with rice, with vegetables and salad; or</li> <li>• Vegetarian curry will be available for vegetarians</li> </ul>  |



### DAY 3: DIE DAM TO PEARLY BEACH: 27,987KM

Date: Saturday, 15 May 2021

Please take money along for ice cream/cold drinks at the shop in Pearly Beach

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| 06:00 | Breakfast will be served. Pack your food for the day  |
| 07:30 | Gather for roll call and thought for the day  |
| 08:00 | Depart from Die Dam on foot<br>Arrival at Pearly Beach: visit the shop for ice cream, cold drinks, etc.<br>The buses will collect the walkers and transport back to Die Dam.<br>Arrival at Die Dam: coffee/tea will be available at the coffee station and Tuckshop |
| 18:00 | Socializing under the tent  |
| 18:30 | Announcements of the following day's program.<br>Acknowledging the organisers at Die Dam, catering crew, tuck shop staff, bus drivers, leader   |
| 19:30 | Supper - this will be a surprise  |



#### DAY 4: PEARLY BEACH TO DANGER POINT LIGHTHOUSE, GANSBAAI: 26.664KM

Date: Sunday, 16 May 2021

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| 06:00         | Breakfast will be served. Pack your food for the day  |
| 06:30         | All luggage must be at the buses and bungalows swept and cleaned.<br>Pack your official turquoise T-shirt and official Hermanus Child and Family Services buff or wear it for the day. You will wear these on arrival at Danger Point Lighthouse.                       |
| 07:00         | Roll Call and thought for the day   |
| 07:30         | Depart from Die Dam by Bus<br>Lunch stop will be in Kleinbaai   |
| 15:15 - 15:30 | Arrival at Danger Point Lighthouse<br><b>We will not be able to enter the grounds of the lighthouse, which is still closed according to Covid-19 regulations. However, we will gather at the gate for the official photo and handing out of medals, by the sponsor.</b> |
| 16:00 - 16:15 | Departure by bus to Grotto  |
| 17:30 - 18:00 | Arrival at Grotto and walk as a group on the beach to the area in front of Dutchies, where we will be met by family, friends, sponsors, the media and dignitaries   |
| 18:00         | Collect your luggage at the buses.<br>Please do not make any travel plans before being collected from grotto at 18.00. You must also plan on how to get from grotto to where you are planning to stay the evening or where your car is parked.                          |

Everyone does this walk for a particular reason and we would like you to enjoy every minute of the walk, the time to relax and socialise.

We are looking forward to this walk and meeting everyone, old and new walkers.

Keep walking and fund raising!!!

