

# Practice Walk Programme 2020/2021

The dates are as follows and some of the routes will be confirmed closer to the time:

- Sunday, 18 October 2020 - Fernkloof (22km)
- Sunday, 15 November 2020 - Grootbos Fynbos Trail (20 km)
- Sunday, 6 December 2020 - changed to Kleinmond Harbour (15km)
- Sunday, 17 January 2021 - Betty's Bay (22km)
- Sunday, 14 March 2021 - Kleinmond Harbour (15km)

## **PRACTICE WALK 1: FERNKLOOF - 18 OCTOBER 2020**

- **Theme:** Breast Cancer Awareness - wear pink
- **Route:** Gateway Shopping Centre - Rotary way - Fernkloof Reserve - Grotto Beach - Hermanus coastal path - Gateway Shopping Centre
- **Distance:** 22km
- **Time:** 6-7 hours
- **Terrain:** Fynbos bush track
- **Rest stops:** Fernkloof Nature Reserve & Grotto Beach
- **Meeting point & Time:** 7h00 @ The Beanery Coffee Shop at Gateway Shopping Centre, Hermanus

## **PRACTICE WALK 2: GROOTBOS FYNBOS TRAIL - 15 NOVEMBER 2020**

- **Theme:** Movember
- **Route:** Grootbos Fynbos Trail
- **Distance:** 20km
- **Time:** 7 hours
- **Terrain:** Coastal fynbos path
- **Rest stops:** Grootbos restroom facilities
- **Meeting point & Time:** Grootbos

Ladies (&Gents) travelling from Hermanus may want to share transport, meeting at Grotto parking lot at 6h15, to leave at 6h30 for Grootbos

**\*Please note the tide table has been taken into consideration to set the date for this walk**



## PRACTICE WALK 3: KLEINMOND HARBOUR- 6 DECEMBER 2020

- **Theme:** Christmas - wear red & green with something shiny!
- **Route:** Kleinmond Harbour - coastal path - beach to Botriver lagoon mouth - back to Kleinmond Harbour
- **Distance:** 15km
- **Time:** 5 hours
- **Terrain:** Coastal fynbos path, beach sand
- **Rest stops:** Kleinmond Beach restroom facilities
- **Meeting Point:** Parking lot at Kleinmond harbour complex, Kleinmond, 7H00

\*Please note that the tide table has been taken into consideration to determine the date of the walk

\* Ladies (&Gents) travelling from Hermanus may want to share transport, meeting at OK MiniMark Carpark in Onrus (Cnr Main & Vermont Road, Onrus River) 6h15, to leave at 6h30 for Kleinmond

## PRACTICE WALK 4: BETTY'S BAY WALK - 17 JANUARY 2021

- **Theme:** Fun in the Sun
- **Route:** Denys Heesom coastal trail starting point in Otter street, Betty's Bay - Dawid's Kraal bay beach - coastal path around Stony Point - Silversands Bay - Sea Farm Private Nature reserve- back to Denys Heesom trail point
- **Distance:** 22km
- **Time:** 7 hours
- **Terrain:** Fynbos trail path, sandy beach, rocky footpaths, soft sand dunes
- **Rest stops:** Betty's Bay main beach
- **Meeting point:** parking lot in Otter street, near starting point of Denys Heesom coastal trail @ 7h00

\*Please note that the tide table has been taken into consideration to determine the date of the walk

## OFFICIAL PRACTICE WALK (1) - SUNDAY, 31 JANUARY 2021 (DE KELDERS)



## PRACTICE WALK 5: KLEINMOND HARBOUR

- **Theme:** Back to School
- **Route:** Kleinmond Harbour - costal path - beach to Botriver lagoon mouth - back to Kleinmond Harbour
- **Distance:** 15km
- **Time:** 5 hours
- **Terrain:** Coastal fynbos path, beach sand
- **Rest stops:** Kleinmond Beach restroom facilities
- **Meeting Point:** Parking lot at Kleinmond harbour complex, Kleinmond, 7H00

\*Please note that the tide table has been taken into consideration to determine the date of the walk

\* Ladies (&Gents) travelling from Hermanus may want to share transport, meeting at OK MiniMark Carpark in Onrus (Cnr Main & Vermont Road, Onrus River) 6h15, to leave at 6h30 for Kleinmond

## OFFICIAL PRACTICE WALK (2) - SUNDAY, 25 APRIL 2021 (DE KELDERS)

