

# Virtual Walk Series 2020/2021

The aim of the virtual walk series is to raise funds.

- Virtual walk 1 - 16 - 18 October 2020
- Virtual walk 2 - 13 - 15 November 2020
- Virtual walk 3 - 4 - 6 December 2020
- Virtual walk 4 - 15 - 17 January 2020

Register for all 4 walks and benefit from our 3 for 4 discount. All the monies raised will be distributed among the 11 charities that applied for funding in 2021.

Total cost: R175.00

## HOW TO COMPLETE A VIRTUAL WALK

The main aim of the virtual walks is to raise funds. However, it also gives L2L walkers the opportunity to arrange a local walk in their community and raise awareness about L2L.

1. Register for the virtual walk through Quicket or by clicking on the register buttons on this page
2. Download a fitness app - such as Strava or the activity app on your phone - we simply need proof that you have walked the distance. To qualify for the virtual L2L badge, a minimum of 5km needs to be completed. L2L are encouraged to walk the full distance.
3. Complete the walk any time over the practice walk weekend - make sure you do the same distance and that you track it with your fitness app. Only those completing a minimum of 5km will qualify for the L2L badge.
4. Take a screen shot of your completed walk on your app
5. Upload the screen shot to the L2L Facebook or Instagram page and tag #L2LVW2020. Be creative with your posts – upload videos and photos... have a bit of fun! Join us on our exciting virtual adventure!
6. Once we have checked who has completed the virtual walk, we will send you your virtual walk badge.

Still not sure? Email Esme at [practice\\_walks@lighthouse2lighthouse.co.za](mailto:practice_walks@lighthouse2lighthouse.co.za).

