

# Four Day Walk Programme 2021

It is essential that all accommodation and travel arrangements are made so that the walkers can enjoy the four-day Charity Walk from start to finish. This document presents the annual programme – this is similar every year. However, the **Collection Point** and **Meeting Point** will be confirmed with the walkers each year.

## PROGRAMME

WEDNESDAY - REGISTRATION DAY		
TIME	ACTIVITY	DESCRIPTION
12:00 - 17:00	Registration	<p>Each walker needs to register at the <b>Collection Point</b> on Wednesday in Hermanus.</p> <p>Walkers travelling from outside Hermanus, need to ensure that they are able to register and collect their goody bags, T-shirts and luggage bags (only new walkers) on Wednesday.</p> <p>The Collection Point is different each year and will be confirmed with the walkers.</p>
THURSDAY - DAY 1		
TIME	ACTIVITY	DESCRIPTION
05:15 - 06:00	Meet & Official Opening (Hermanus)	<p>All walkers need to meet at the <b>Meeting Point</b> with their luggage. Busses are waiting for the walkers and their luggage.</p> <p>Walkers need to check in so that they can be allocated a bus and signed in.</p> <p>If you live near Agulhas, then you need to arrange beforehand with the Registration Officer that you will meet us at L'Agulhas Lighthouse.</p> <p>The bus departs from the Meeting Point and takes the walkers to the starting point in Agulhas.</p>
06:00	Busses leave for Agulhas	<p>The trip from Hermanus to Agulhas takes about 2 hours. It is therefore critical that we leave at 06:00 to ensure a timely start at 08:00.</p> <p><b>Walkers hand in their luggage before they climb on the bus.</b></p> <p>They will only receive this luggage again on Thursday afternoon at Die Dam, after the walk. Walkers need to ensure that EVERYTHING they need for Day 1 is packed into their day pack.</p>



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TIME	ACTIVITY	DESCRIPTION
08:00	Start Day 1	Day 1 officially starts at 08:00 Before we start walking, we take a group photo of all the walkers in front of the L'Agulhas Lighthouse. Rules of the Walk are explained Roll call is taken Day 1 is 18km long and takes about 5 hours to complete.
13:00	End Day 1	Around 13:00 we arrive at the end point Brandfontein Farmstead. Our busses will be waiting for us. Once everyone arrives, we then drive to Die Dam.
13:45	Arrive at Die Dam	It takes about 45 minutes to drive from Brandfontein Farmstead to Die Dam. At Die Dam we meet the Catering and Accommodation Team. Chalets are allocated. Ladies collect their luggage and take it to their chalets. Some ladies meet their "roommates" and "chalet mates".
18:00	Supper	We meet for supper at the Catering Chalet. Drinks will be sold at the Shebeen - this is cash only, so please make sure you have enough cash on you to buy your drinks. This is also part of our fundraising effort, so please support us.

## FRIDAY - DAY 2

TIME	ACTIVITY	DESCRIPTION
06:15 - 07:00	Breakfast	Breakfast is served early. Ensure you eat enough to start the day. Then pack your lunch in the container you've brought along. Fill your water bottles.
07:00	Meet and Open	Fetch your day pack and meet at the meeting point for the daily prayer and opening. Roll call is taken Everyone gets onto their allocated bus and leaves for the starting point



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TIME	ACTIVITY	DESCRIPTION
08:00	Start Day 2	The whole group starts walking
12:00	End Day 2	Walkers congregate at the end point and the busses leave once roll call is complete Bus takes us back to Die Dam There is time to relax and refresh before dinner
18:00	Supper	Meet at the eating area for dinner Announcements and presentations
<b>SATURDAY - DAY 3</b>		
TIME	ACTIVITY	DESCRIPTION
06:15 - 07:00	Breakfast	Breakfast is served early. Ensure you eat enough to start the day. Then pack your lunch in the container you've brought along. Fill your water bottles.
107:00	Meet and Open	Fetch your day pack and meet at the meeting point for the daily prayer and opening. Roll call is taken Everyone gets onto their allocated bus and leaves for the starting point
08:00	Start Day 3	The whole group starts walking
14:00	End Day 3	Walkers congregate at the end point and the busses leave once roll call is complete Bus takes us back to Die Dam There is time to relax and refresh before dinner
18:00	Supper	Meet at the eating area for dinner Announcements and presentations



# Four Day Walk Programme 2021

SUNDAY - DAY 4		
TIME	ACTIVITY	DESCRIPTION
06:15 - 07:00	Breakfast	Pack up all your belongings and make sure the chalet is clean and tidy Drop off luggage at bus
07:00	Meet and Open	Fetch your day pack and meet at the meeting point for the daily prayer and opening. Roll call is taken Everyone gets onto their allocated bus and leaves for the starting point
TIME	ACTIVITY	DESCRIPTION
08:00	Start Day 4	The whole group starts walking
15:00	End Day 4	Arrival at Danger Point Lighthouse - medals presented Welcome by staff and dignitaries and sponsors Welcome treat from Julia Barlow, who has been welcoming L2L Ladies for 10 years Don't forget to wear your L2L Ladies Walk 2020 T Shirt and The Butterfly Centre Buff, or carry them with you, to put on before we reach Danger Point Lighthouse
±17:00	Final welcome at Grotto beach	We board our buses at Danger Point Lighthouse to Grotto Road From there, we will walk along the beach to grotto beach as one group, all wearing our L2L t-shirts 2020 and official buffs. Luggage stays on the bus. Do not make any plans to be collected before 18h00 Your family can arrive earlier in time to welcome you as the group walks to grotto beach.  Collect luggage and farewell



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**Please note:**

1. Space for luggage is limited on the bus. You can only take your weekend bag (provided), sleeping back and pillow bag (provided) and your day pack (you must bring this along).
2. Pack your day pack on Wednesday. Make sure you have EVERYTHING you need for the walk on Thursday in your day pack. You will only receive your luggage late on Thursday afternoon AFTER the walk at Die Dam (where we are sleeping).
3. It takes a minimum of 2 hours to travel from Cape Town International Airport to Hermanus
4. We meet at 05:15 on Thursday morning - ensure you've arranged your key drop off at your accommodation.
5. The Meeting Point on Thursday is usually central, but you might need to arrange a taxi if you don't have a lift from your accommodation to the meeting point
6. We try and arrange a social get together on Wednesday - either lunch or dinner. This is NOT compulsory, but beneficial.
7. Sunday evening we end after 18:00 - only arrange to fly home after 12:00 on Monday. Walkers that are flying back need to arrange accommodation on Sunday night and transport to the airport on Monday. Do this BEFORE the weekend so that all is confirmed by Wednesday when you register.

